



HealthPathways for Residential Aged Care Home (RACH) clinicians

HealthPathways is a free evidence-based online tool, developed by local clinicians for local clinicians, including RACH staff. They provide practical, localised guidance to support decision-making and quality care for residents.

HealthPathways offer:

Faster access to local guidance

- Quick, easy access to **local clinical guidance** for common resident presentations.
- Practical, evidence-based advice on **assessment, initial management, monitoring, and when to escalate.**

Clear referral information

- Helps you find **local services** and support **timely escalation** and referral through [localised referral](#) pathways for public and private services including [specialised allied](#) and [nursing services](#) and [social, community](#) and [healthy-lifestyle](#) support.

Consistent care across the team

- Encourages a **standard approach** to common clinical issues and deterioration

Resources for residents and families

- Links to **resident-friendly information sheets** and printable resources that can support conversations with residents and families (where appropriate).

Learning support

- Further education resources to build your skills are linked in the “For Health Professionals” section at the bottom of each page
- Register for an individual login to track your time spent reviewing pathway content and easily generate a report to submit as part of your continuing professional development (CPD)





Health concerns in older people

Abuse and Neglect of Older People
Delirium
Dementia and Cognitive Impairment –
Assessment and Prevention
Dementia ongoing management **Recently updated**
Behavioural and Psychological Symptoms
of Dementia (BPSD)
Depression in Older People
Falls Risk Assessment and Management
Frailty in Older Adults
Parkinson's Disease
Unexpected Deterioration in an Older
Person
Medication Management Services
Older Persons Health Referrals

Common Acute Condition Pathways

Acute Respiratory Infections (COVID-19
and Influenza) in Residential Aged Care
Adult Sepsis (Including Meningitis)
Acute Chest Pain and Acute Coronary
Syndrome
Cellulitis
Urinary tract infection
Community-acquired pneumonia
Stroke and TIA

Common Chronic Disease Pathways

Heart Failure
Ischaemic Heart Disease
Kidney disease
Diabetes
Liver conditions

Useful Pathways for RACH settings

Aboriginal and Torres Strait Islander Health –
Cultural Awareness and Cultural Safety
Advance Care Planning (ACP)
Certification of Death
Carer Stress and Carer Support
Immunisation in Adults
Aged Care Assessment (My Aged Care)
Ambulance Referrals from General Practice
and Residential Facilities
NSW Ambulance Authorised Care
Plans **Recently updated**
My Health Record

Palliative Care Pathways

Anticipatory Prescribing for End of Life Care
New Pathway
Early intervention for Palliative Care
New Pathway
Pain Management in Palliative Care
Management of the Terminal Phase
Voluntary Assisted Dying
Palliative Care Resources **Recently updated to
include professional education resources**
Palliative Care Referrals

Wound Care Pathways

Skin Tears
Hard to heal wounds
Pressure Injury in Spinal Cord Injury
Wound Management Products Burn
injuries
Wound Management Nursing

